

Spiritual Discipline of the Month Service

Service. It's probably one of the most basic things we are called to. Service can take many different forms, from something as simple as taking time to listen to someone, to stacking chairs after the Sunday service, or just being helpful to another in need.

"Anyone who wants to be first must be the very last, and the servant of all." - Mark 9:35 (TNIV)

"Most of all, he [Jesus] seems to be saying that those who are directly striving to be great as an end in itself are going at it the wrong way. Be humble and don't be a conceited self-advocate; be a servant and strive to put others first..."
- Charles C. Manz

Practical Suggestions / Challenge for the Month

- ✓ Look for ways around you (home, work, school) that you can serve another. Make it a point to sacrifice some time to assist someone with something that would make a difference for them.
- ✓ Sacrifice some personal time to help another without being asked. For example, if you see a need that's not being met, step into it.
- ✓ Take the Network class to discover your spiritual gifts and where they fit best in the body of Christ.
- ✓ Participate in a ministry in the church that you don't normally assist.

Other Things to Remember:

1. It's not always easy to incorporate new disciplines into your life.
2. Look at your calendar and pick a time for each day that will work with your life.
3. If you miss a day or two, just acknowledge it and begin again.
4. Partner with someone and help keep each other accountable.
5. It's not about perfection, it's about practice.
6. If you get stuck on something or if you don't understand something, ask for help.
7. Record your progress - start a spiritual journal.
8. Have fun!

Helpful Hints: You can read the Bible online at www.biblegateway.com.

If you have any questions, want other suggestions, or would like to share your experience, call the office (302) 378-7692 or send us an e-mail at connect@connectioncc.org.

For more information on the practice of Spiritual disciplines refer to "*Celebration of Discipline: The Path to Spiritual Growth*," by Robert Foster